

## DIRECTIONS FOR TRAINERS, DRIVERS, GROOMS AND TRANSPORTERS

Due to the ongoing spread of the coronavirus, the following regulations apply to everyone present on the racetrack and stables on race days.

- On race days (from 2 hours before the first race, until 15 minutes after the last race) the track is a strict workplace. All public areas are closed.
- Only people working on the specific race day (trainers, drivers, grooms and transporters with a starter horse) are allowed to access the stable area. It is **not** permitted to bring along any other persons such as family members, friends, extra staff or horse owners.
- Stay at home if you are ill or showing any influenza-like symptoms.
- As far as possible, try to stay outside.
- Maintain a safe distance in all spaces; do not shake hands or hug.
- Spread out in the area – do not group together in the same stable.
- Ideally, change clothes in your vehicle or in your own stable – avoid public changing rooms if possible.
- The stable restaurant will comply with the current guidelines issued by the Public Health Agency of Sweden. This may cause limitations on service and/or options.
- If you are aged 70 or more, or a member of any of the risk groups with regard to the coronavirus, give careful consideration to staying at home.
- Only travel in your own vehicle and avoid public transport. Drive directly to and from your destination without making any unnecessary stops.
- Leave the stable area as soon as you have finished your work.
- Thank you for your cooperation – you are helping us keeping the race industry in Sweden going through these tough times.